

International Workshop Miami Florida -USA (Essence of Evolution) – Master Su Dong Chen



Regardless of System, Style, or School Understand and Practice the Unifying and Universal Elements that makes our **knowledge and training to the next level!**

Striking Method

What is a Direct (Attack Method?)

Control and Crossing Method

What is an Indirect (Capture Method?)

Throwing and Grappling Method)

What is a (Grappling Method?)

First week in **October 1-2-3, 2010**

Pre-registration: by 09/02/10

50\$ Friday 7- 9 pm
75 \$ Saturday 10 -2 pm
75\$ Sunday 10- 2 pm
125\$ Sat & Sun
150\$ entire weekend

Register for Saturday and Sunday
Save 50\$ - Friday Free.

For more info please call Ewa at 786-344-6973

Or register online www.naturalmotionsystems.com/catalog